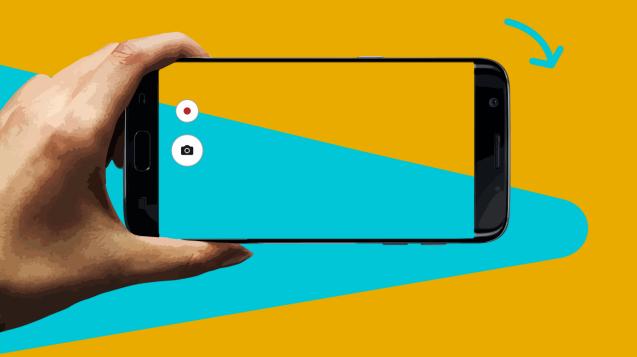
STEPS FOR VIDEOS ATHOME

[=]
FLEISHMANHILLARD



Use your smartphone over your laptop. Make sure you pick the highest video quality and film horizontally.

PICK THE RIGHT EQUIPMENT



If your smartphone doesn't film in high quality, use Zoom or WebEx. But make sure you're recording where your internet connection is the strongest and turn on the high definition video settings.

REDUCE BACKGROUND NOISE

Once your equipment is ready, find a **quiet environment**.

FACE A SOURCE OF NATURAL LIGHT

Position your recording device at eye-level and face a big window. The best time to film: either very early in the morning or at the very end of the day.

A plain background like a wall is fine.

PICK THE RIGHT BACKGROUND

A background with more depth **like a living room** is much better.

RECORD AGREAT VIDEO

Remember, you're the star of the show. Make sure what you say is interesting and use your body, voice and hands. To appear more approachable and friendly, imagine you're talking to a friend.





Make sure your video is no longer than 2 minutes.

People on social usually tune out when videos exceed that limit.

Good job!

